



Workshop of physical Theatre
with Arianna D'angiò

in-side out

"From the mind the body, from the body the heart, from the movement the imagination: an endless artistic journey."

The corporeal mime will be present in the workshop as a corporeal grammar of reference, as it provides an extremely valuable training for the extension and the opening of body of the actor/performer. It will also be present as an example of poetic and corporeal dramaturgy through the study of a *pièce* by Decroux.

The idea of a moving body that evaluates to the weight and the value of a sculpture in movement is at the root of the work of the corporeal mime, therefore will help a great deal the participants to orient themselves in the complex task of the creative process of the lab, namely that of create a *pièce* by using and by listening the sculptures. A whole area of the universe of corporeal mime is just called the movable statuesque, and that is where it is fully declared and analyzed the correlation between the body and the mind, between what is visible and what is not. One of the the best known "obsessions" of Decroux is precisely to make the invisible visible, despite this alchemy happens when a body is in the scene, all you can see is the mind, so it returns to theatre the capacity to transform matter.

Arianna D'angiò starts studying Etienne Decroux corporal mime in '93 with Michele Monetta. In 1998 she moves to London where she attends for seven years corporal mime training at the "International School of Corporeal Mime" directed by Steven Wasson and Corinne Soum (Etienne Decroux last assistants), she also works as an interpreter for their company Theatre de l'Ange Fou During those years in London she develops a full mime skill and a deep understanding of this very complex art form.

She has taken part in many plays and performances in theatre, dance and conceptual art. She is now based in Napoli where as well as working as interpreter she is developing her own artistic path. And she teaches at the l'Accademia Nazionale di Arte Drammatica del teatro Bellini, directed by Danio Manfredini.